



# SAINT PAUL



## ANTIOCHIAN ORTHODOX CHURCH



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HIS EMINENCE METROPOLITAN JOSEPH, ARCHBISHOP OF NEW YORK  
AND METROPOLITAN OF ALL NORTH AMERICA

HIS GRACE BISHOP NICHOLAS, AUXILIARY BISHOP  
OF THE DIOCESE OF MIAMI AND THE SOUTHEAST

APRIL 14, 2019

## WELCOME VISITORS AND FAITHFUL

We are honored by your presence as our doors are open to anyone seeking the fullness of the Truth. It is our sincere desire that your participation today in the Divine Liturgy will draw you closer to Christ and His Church. We are a parish community within the Body of Christ striving to “seek first the Kingdom of God and His righteousness” (Mt. 6:33) above all else. The Church is a spiritual hospital and our Lord Jesus Christ is the Great Physician who offers us healing, hope, and refuge – true life with real freedom. We answer Christ's call to repent and be transformed, healed of our brokenness, through a real spiritual life - our priority is to be in “perfect communion” with the living God.

Please make sure to sign our guest book at the visitors table in the Narthex/lobby area and join us after service for our fellowship hour in the pavilion. Fr. Paul is available to answer questions you may have about any facet of the Christian faith.

## ENCOURAGEMENT TO FAMILIES WITH CHILDREN

Your children are welcome here. Don't worry if they wiggle or squirm a bit. Unless your child is making more noise than our priest and choir, stay put. When they need a little more room, or a short break, it is OK to walk them to the back (or out) until they are ready to return. Please enjoy the “Children's Word” (bulletin) found on the banister upon entering the Nave (worship space).

If you want to raise your children in the Church, then they have to be in the church. The entire spiritual culture of the Orthodox faith is necessary formation for everyone, whether 40 days old, 40 years old, or 40 years a senior citizen.

It can be a sacrifice to raise children in the Church, and we know it, but if your child doesn't learn to incline his/her heart in worship, and turn aside from distraction from a young age, how in the world will they survive as an older Christian in a world which is designed to distract them?

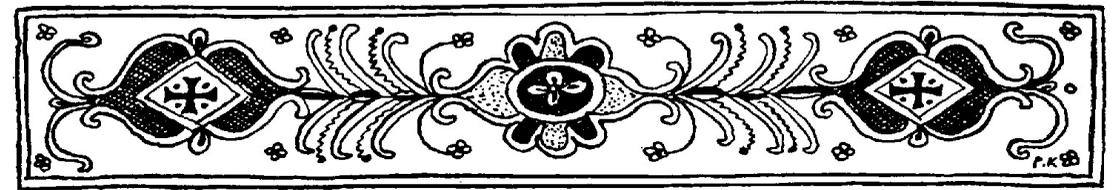
## +HOLY COMMUNION (EUCHARIST)+

The Orthodox Church understands the Eucharist, or Lord's Supper, to be the paramount expression of Christian unity. While it is our deepest hope that Christendom will one day fulfill Christ's desire for true unity among all those who claim His name (John 17:21), the reality of our day is that various segments of Christendom are not unified with the historic Orthodox Christian faith. Since participation in the Eucharist expresses a unity with all the dogma, teachings, and practice of the Orthodox Church, it is natural that non-Eastern Orthodox Christians (Roman Catholic, Protestant, Non-Chalcedonian/Oriental, etc.) do not approach the chalice for Holy Communion but respect the official policy of the Antiochian Archdiocese of North America and canonical boundaries of the One, Holy, Catholic (Universal), and Apostolic Church - the Orthodox Christian Church. Teaching the people of Corinth about the seriousness of the Holy Eucharist, St. Paul warns:

*“Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord...For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. For this reason many are weak and sick among you, and many sleep (i.e. die).” (1 Cor. 11:27;29).*

We lovingly desire the salvation of all - not judgment and condemnation.

All Eastern Orthodox Christians are expected to prepare for the receiving of the Body and Blood of Christ through recent confession, prayer, and fasting from all food/drink approximately mid-night the night before. Please speak with Fr. Paul if medical conditions preclude it.



## PARISH CLERGY

REV. FR. PAUL GIRGIS, PRESIDING PRIEST

V. REV. FR. JOSEPH SHAHEEN, RETIRED ARCHPRIEST

REV. DN. NICHOLAS REID, ATTACHED DEACON

## WEEKLY SERVICES

*“A sure sign of the deadening of the soul is the avoidance of church services.”  
+St. John Climacus (“The Ladder of Divine Ascent”)*

### Saturday\*

Great Vespers 6:00PM

### Sunday

Orthros 8:30AM

Divine Liturgy 9:30AM

*\*Fr. Paul hears confessions after Great Vespers Saturday and by appointment.*

## WEEKLY COMMUNITY BIBLE STUDY

Resumes Thursday May 30 at 6:00PM

## GOOD STRENGTH TO YOU ALL THIS GREAT LENT!

## HIGHLIGHTS

**April 20 - Lazarus Saturday - PALM CROSSES** - Liturgy, Bagels, Coffee & Making Palm Crosses!

**April 21 - PALM SUNDAY** - “1st Annual Palm Sunday Luncheon” - See flier! Limited space!

**May 1/Wednesday** - St. Paul Fellowship Golf Outing - see flier!

**Food for the Hungry** - Take a donation box home and fill-it up throughout Great Lent!

Fellowship Coffee Hour today is hosted by Ray & Jennie Mansour - please join us!

*For more info, calendar of special services/events, visit: [stpaulnaples.org](http://stpaulnaples.org) or “[facebook.com/stpaulnaples](https://www.facebook.com/stpaulnaples)”*



“...PRAY ONE FOR ANOTHER, THAT YOU MAY BE HEALED.  
THE EFFECTIVE, FERVENT PRAYER OF A RIGHTEOUS MAN AVAILS MUCH.”  
(JAMES 5:16)

Please continue to pray for Fr. Joe and Kh. Diane Shaheen, Joe and the Hessney family, Christopher and the Sapp family, Al and Anna Castley, Victor and the Bard family, Ed and Marilyn Edge, Robert and Michaelene Aber, George and Lorrain Zain, Vincent and Irene Benfatti, Al and Gloria Mizhir. Please keep Margaret Mourad and Carol Simone in your prayers asking that the Lord may grant them continued patience, strength, and consolation in this life.

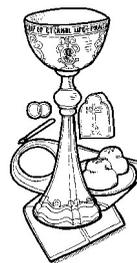
Prayers for the health of Fr. George Shalhoub are requested by Fr. Joe and Kh. Diane Shaheen.

Prayers for the health of Bob Nader and Bob Aber are requested by Leila and Ray Trabulsi.

We congratulate and pray that our loving Lord will grant MANY MORE years to Ray and Jennie (Vincenza) Mansour on the occasion of their 66th marriage anniversary!

We offer prayers to God that He may grant good health and MANY MORE years to George Nassor on occasion of his 89th birthday!

**MAY THE LORD OUR GOD HEAR OUR PRAYERS AND SEND DOWN UPON US  
HIS DIVINE GRACE FOR HUMBLE-PATIENCE AND TRUST IN HIS MOST PERFECT WILL.**



**SUNDAY - APRIL 14, 2019**

**FIFTH SUNDAY OF GREAT LENT**

**COMMEMORATION OF OUR RIGHTEOUS MOTHER MARY OF EGYPT  
APOSTLES ARISTARCHOS, PUDENS AND TROPHYMOS OF THE SEVENTY; MARTYR THO-  
MAIS OF ALEXANDRIA; NEW-MARTYR DEMETRIOS OF THE PELOPONNESOS**

**+DIVINE LITURGY OF ST. BASIL THE GREAT**

### **RESURRECTIONAL APOLYTIKION IN TONE FIVE**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

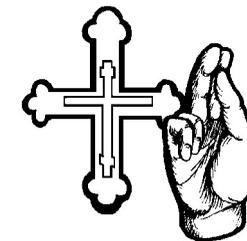
### **APOLYTIKION OF ST. MARY OF EGYPT IN TONE EIGHT**

Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

*+Now sing the below apolytikion of the Patron of the parish (St. Paul)*

### **ORDINARY KONTAKION IN TONE TWO**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.



## THE EPISTLE

*Make your vows to the Lord our God, and perform them.  
God is known in Judah; His Name is great in Israel.*

### **The Reading from the Epistle of St. Paul to the Hebrews. (9:11-14)**

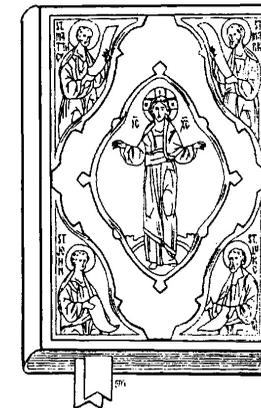
Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation), He entered once for all into the Holy Place, taking not the blood of goats and calves but His own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, Who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?



## THE GOSPEL

### **The Reading from the Holy Gospel according to St. Mark. (10:32-45)**

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldest do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."





## 2019 GREAT LENT SCHEDULE

(In addition to the normal weekly schedule)

### Sun, Apr 14 Sunday of St. Mary of Egypt

Mon, Apr 15	Great Compline	6:00PM
Wed, Apr 17	Presanctified Liturgy	6:00PM
Fri, Apr 19	Little Compline w/Canon of the Raising of Lazarus	6:00PM

### Sat, Apr 20 Lazarus Saturday

Orthros	8:30AM
Divine Liturgy of St. John Chrysostom	9:30AM
Fellowship Breakfast & Making of Palm Crosses	10:30AM
Great Vespers for Palm Sunday	6:00PM

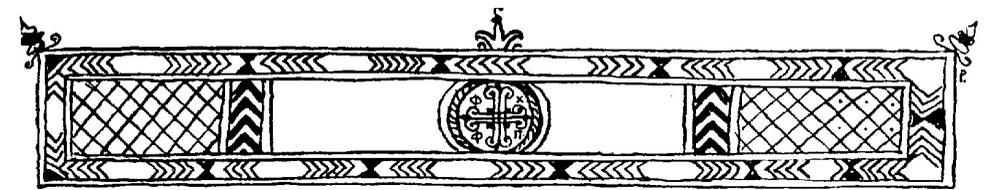
### Sun, Apr 21 Palm Sunday

Festal Orthros	8:30AM
Festal Divine Liturgy	9:30AM
“1st Annual St. Paul Palm Sunday Feast” (See Flier)	11:00AM

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Join us immediately after the Divine Services on Lazarus Saturday (April 20) for Bagels, Coffee, etc. and the making of Palm Crosses!

This is an excellent opportunity to bring the children to learn and participate in an Orthodox Christian tradition!



## THE SYNAXARION

(AN ABRIDGED COLLECTION OF THE “LIVES OF THE SAINTS”)

On April 14 in the Holy Orthodox Church, we commemorate the Apostles Aristarchos, Pudens and Trophymos of the Seventy; Martyr Thomais of Alexandria; and New-martyr Demetrios of the Peloponnesos.

On this same day, the Fifth Sunday of Great Lent, it was ordained that we make remembrance of our Godly Mother Mary of Egypt.

### Verses

*Spirit rose up, flesh melted away erewhile; hide, O earth, the worn bones of Mary's body.*

Once, during the Honorable Fast, the priest-monk Zosimus withdrew into the wilderness. He caught sight of a withered woman named Mary; her hair was white as snow. Mary then told Zosimus that she was born in Egypt and at the age of 12 began to live a life of debauchery in Alexandria for 17 years. One day, she went to Jerusalem to enter the church to venerate the Honorable Cross. However, some invisible force restrained her. In great fear, she gazed upon the icon of the Theotokos in the vestibule and prayed that she be allowed to enter the church, all the while confessing her sinfulness. She was then permitted to enter the church. Having venerated the Cross she again entered the vestibule and, before the icon, gave thanks to the Mother of God. At that very moment she heard a voice saying: “If you cross the Jordan, you will find glorious rest!” Mary left for the wilderness and remained there for 47 years in repentance. She bade Zosimus to come back in one year with Holy Communion, which he did. The following year, on Holy Thursday, April 1, 522, Zosimus discovered Mary's lifeless body, and buried her. Thus, the Lord glorifies penitent sinners. The Church exalts and exemplifies Mary to the faithful in Great Lent as an incentive for repentance that brings entry into the Heavenly Kingdom.

Through her intercessions, O Christ God, have mercy upon us. Amen.





## 2019 HOLY WEEK SCHEDULE

<b>Sun, Apr 21</b>	<b>Sunday Evening - Bridegroom Matins</b>	5:00PM
<b>Mon, Apr 22</b>	<b>Holy Monday - Bridegroom Matins</b>	6:00PM
<b>Tues, Apr 23</b>	<b>Holy Tuesday - Bridegroom Matins</b>	6:00PM
<b>Wed, Apr 24</b>	<b>Holy Wednesday - Holy Unction Service</b>	6:00PM
<b>Thu, Apr 25</b>	<b>Holy Thursday</b> Vespers-Divine Liturgy of St. Basil the Great for the Anniversary of the Mystical Supper Orthros w/the 12 Passion Gospels	9:30AM 6:00PM
<b>Fri, Apr 26</b>	<b>Holy Friday</b> Royal Great Hours & Typika Decoration of Tomb of Christ Great Vespers for Holy Saturday/Taking-down of Christ from Cross Orthros w/Lamentations for Holy Saturday	9:00AM 10:30AM 3:00PM 6:30PM
<b>Sat, Apr 27</b>	<b>Holy Saturday</b> Vespers-Divine Liturgy of St. Basil (First Resurrection Service) <b>VIGIL OF GREAT &amp; HOLY PASCHA</b>	9:30AM 10:00PM
<b>Sun, Apr 28</b>	<b>GREAT &amp; HOLY PASCHA (...Continued)</b> PASCHAL Fellowship Meal  Agape Vespers  1st Annual AGAPE BBQ & Cook-out <i>Bring your meats, drinks, something to share Grilling, laughing, kids playing, music, and joy in the Resurrection of Christ!</i>	Follows VIGIL  3:00PM  4:00PM

[www.stpaulnaples.org/calendar](http://www.stpaulnaples.org/calendar)

## 1ST ANNUAL PALM SUNDAY FISH LUNCHEON

**KAREEM'S LEBANESE KITCHEN  
BY CHEF RACHID**



**TRADITIONALLY SPICED WHITE FISH & RICE  
TABOULEH, HUMMUS, FRESHLY BAKED ARABIC BREAD  
& MORE**

[IMMEDIATELY AFTER THE DIVINE LITURGY **APRIL 21, 2019**]

**DONATION: \$15 EACH**

**CHILDREN UNDER 12: FREE**  
(FISH NUGGETS & FRIES AVAILABLE)

*For tickets see the following PC members:  
Elias Hebeka, Nick Ferris or Joe Ablan*

**LIMITED SPACE (80 tickets)**

## SELF EXAMINATION BEFORE HOLY CONFESSION (ANTIOCHIAN.ORG)

### First Commandment

Have I believed in God the Father, the Son, and the Holy Spirit? Have I failed to trust in God and his mercy? Have I complained against God in adversity? Have I been thankful for God's blessings? Have I doubted the Christian faith and the teachings of the Church? Have I tried to serve God and keep His Commandments? Have I given way to superstition? Have I frequented the religious meetings of heretics and schismatics? Have I neglected my duties to God through fear of ridicule or persecution? Have I failed to pray to God faithfully? Have I put myself before God?

### Second Commandment

Have I made an idol of any person or thing? Have I given to anyone or anything the worship that is due to God alone? Have I set before myself the holy life of Jesus and tried to imitate Him? Have I read the Holy Scriptures regularly? Have I been irreverent during Church Services, let my attention wander, or been insincere? Have I neglected to receive Holy Communion regularly or without due preparation?

### Third Commandment

Have I profaned the holy name of God in any way? Have I cursed anyone or anything, or sworn a false oath? Have I failed to give proper reverence to holy persons and things? Have I had due respect for the clergy of the Church, or hindered them in performing God's work? Have I broken any solemn vow or promise? Have I entered into any unlawful contract or made an unlawful promise?

### Fourth Commandment

Have I stayed away from Church on Sundays or prevented others from going? Have I done unnecessary work on Sundays? Have I spent the day in unwholesome fashion or profaned it by improper conduct? If I could not go to Church because of illness or other grave cause, have I prayed at home? Have I caused anyone else to profane the Lord's Day? Have I kept the Fasts and Festivals prescribed by the Church?

### Fifth Commandment

Have I respected my parents and been obedient to them? Have I been guilty of deception, or caused them pain by my words or actions? Have I neglected them or failed to help them? Have I done my duty towards my family? Have I been wanting in love or kindness towards my husband (or wife), or harmed him (or her) in any way? Have I set my children a good example and tried to bring them up properly? Have I corrected their faults with patience and not with anger? Have I over-indulged or spoiled them? Have I neglected my god-children and failed in my obligations towards them? Have I worked for my employers honestly and diligently? Have I treated fairly all those who have worked for me? Have I honored God as my Heavenly Father by treating others as my brothers, and have I honored the Church as my spiritual Mother by honoring and practicing my religion in accordance with her teachings?

## SELF EXAMINATION BEFORE HOLY CONFESSION (ANTIOCHIAN.ORG)

### Sixth Commandment

Have I caused the injury or death of anyone, or wished that I were dead? Have I done anything to shorten my own life or that of someone else by injuring health, or through evil and intemperate living? Have I given way to anger, or harmed others with words or actions? Have I defamed others who needed help, or failed to stand up for those unjustly treated? Have I been cruel to anyone? Have I mistreated animals or destroyed any life unnecessarily? Have I failed to forgive anyone or harbored evil thoughts against them?

### Seventh Commandment

Have I given way to impure thoughts, words, or deeds? Have I committed any unworthy actions alone or with others? Have I degraded myself in any way, or forgotten human dignity? Have I read immoral books or magazines, or delighted in obscenity of any kind? Have I associated with bad companions or frequented unsavory places? Have I eaten or drunk or smoked too much? Have I been lazy, idle, or wasted my time? Have I led others to commit sinful acts? Have I been unfaithful to any trust confided in me?

### Eighth Commandment

Have I stolen anything or wished to do so? Have I kept anything that did not belong to me? Have I tried honestly to find owners of lost articles I have found? Have I paid my debts? Have I lived within my income, and not wastefully and extravagantly? Have I given to charitable causes in proportion to my means? Have I been honest and upright?

### Ninth Commandment

Have I told lies, or added to or subtracted from the truth? Have I made careless statements or spoken evil of anyone? Have I told any secrets entrusted to me, or betrayed anyone? Have I gossiped about anyone or harmed their reputation? Have I concealed the truth, assisted in carrying out a lie, or pretended to commit a sin of which I was not guilty? Have I tried to see the good in others rather than their shortcomings?

### Tenth Commandment

Have I envied anything good that has come to others? Have I been jealous of another's good fortune? Have I wished for anything that was another's? Have I damaged or destroyed the property of others? Have I wished for things God has not given me, or been discontented with my lot? Have I been stingy? Have I held back anything due another? Have I hoped for the downfall of anyone so that I might gain by it? Have I failed to be gracious and generous to anyone? Have I expected God to give me that which I would refuse one of my fellow men?



# CALLING all GOLFERS

## Sign Up for the St Paul Fellowship Golf Outing

Open to men & women who would like to spend a day with fellow parishioners while enjoying golf. This is not a fundraiser, just a fun day of golf, lunch and fellowship. Father Paul will be joining us for lunch.

**When:** Wednesday, May 1, 2019  
**Where:** Vasari Country Club  
**Time:** 8:30 AM tee times  
**Lunch:** Immediately following golf  
**Cost:** \$56.00 includes 18 holes with cart, lunch at the clubhouse and sleeve of balls

RSVP by: Thursday, April 26 Nick Ferris 317-201-9002 nferris15@gmail.com



### 2019 Great Lent & Holy Week Stewardship Opportunities

Flowers for the Icon – (4) Friday Akathist service	DONATED
Flowers for the Feast of Annunciation Icon (for 3/25)	DONATED
Flowers for the Veneration of the Holy Cross	DONATED
Candles for the Cross (six sets)	DONATED
12 Candles for Holy Thursday	DONATED
Saturday of Lazarus	DONATED
Palm Sunday Icon	DONATED
Palms for Palm Sunday	DONATED
Bridegroom Icon (Holy Week: Sun-Tues)	
Sunday	DONATED
Holy Monday	DONATED
Holy Tuesday	DONATED
Wreaths for the Cross (Holy Friday)	DONATED
Christ's Bier (Tomb - Holy Friday)	DONATED
Resurrection Icon	DONATED
Priest PASCHAL Candle	DONATED

*To make a general Lenten donation "in memory of", for "the health of", or "prayers for" contact:  
 Fr. Paul Girgis (frpaulgirgis@gmail.com; 239.348.0828)  
 or Juliana Agoritsas (julianna616@icloud.com; 508.481.0746)*

#### Basic Church – Life Needs

A very natural and loving manner in which Orthodox Christians can participate in the life of the Church is by simply providing even the most basic items. If we provide our own home with the necessities, how much more should we take care that the House of God is properly supplied? This is not to replace monetary stewardship but rather a beautiful opportunity to keep The House of God, in all aspects of our life, the top priority. Please consider, the next time you are buying for yourself, to also buy for God's house:

Olive Oil (Extra Virgin)	On-going
Lighters (Long BBQ style)	On-going
Communion Wine	On-going (Contact Fr. Paul first)
Incense	\$40/lb



**A LITTLE DAILY WISDOM  
FROM THE EARLY CHURCH**

*Let days speak, and many years teach wisdom.  
Job 32:7*

The Temptation to leave his community beset a brother for nine years. Every day he would get ready to go, taking up the cloak he slept in. When night came he thought, "I will leave tomorrow." When the next day dawned, he would think, "I really ought to remain here and resist this temptation for the Lord's sake." He continued this routine every day for nine years. Then the Lord removed the temptation.

**Let days speak, and many years teach wisdom.**

*Source: "A Little Daily Wisdom from the Early Church" compiled by Bernard Bangely*