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HIS EMINENCE METROPOLITAN JOSEPH, ARCHBISHOP OF NEW YORK AND METROPOLITAN OF ALL NORTH AMERICA

> HIS GRACE BISHOP NICHOLAS, AUXILIARY BISHOP OF THE DIOCESE OF MIAMI AND THE SOUTHEAST

WELCOME VISITORS AND FAITHFUL

We are honored by your presence as our doors are open to anyone seeking the fullness of the Truth. It is our sincere desire that your participation today in the Divine Liturgy will draw you closer to Christ and His Church. We are a parish community within the Body of Christ striving to "seek first the Kingdom of God and His righteousness" (Mt. 6:33) <u>above all else.</u> The Church is a spiritual hospital and our Lord Jesus Christ is the Great Physician who offers us healing, hope, and refuge – true life with real freedom. We answer Christ's call to repent and be transformed, healed of our brokenness, through a real spiritual life – our priority is to be in "perfect communion" with the living God.

Please make sure to sign our guest book at the visitors table in the Narthex/lobby area and join us after service for our fellowship hour in the pavilion. Fr. Paul is available to answer questions you may have about any facet of the Christian faith.

ENCOURAGEMENT TO FAMILIES WITH CHILDREN

<u>Your children are welcome here.</u> Don't worry if they wiggle or squirm a bit. Unless your child is making more noise than our priest and choir, stay put. When they need a little more room, or a short break, it is OK to walk them to the back (or out) until they are ready to return. Please enjoy the "Children's Word" (bulletin) found on the banister upon entering the Nave (worship space).

If you want to raise your children in the Church, then they have to be <u>in the church</u>. The entire spiritual culture of the Orthodox faith is necessary formation for everyone, whether 40 days old, 40 years old, or 40 years a senior citizen.

It can be a sacrifice to raise children in the Church, and we know it, but if your child doesn't learn to incline his/her heart in worship, and turn aside from distraction from a young age, how in the world will they survive as an older Christian in a world which is designed to distract them?

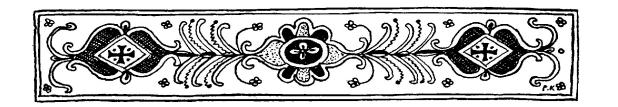
+Holy Communion (Eucharist)+

The Orthodox Church understands the Eucharist, or Lord's Supper, to be the paramount expression of Christian unity. While it is our deepest hope that Christendom will one day fulfill Christ's desire for true unity among all those who claim His name (John 17:21), the reality of our day is that various segments of Christendom are not unified with the historic Orthodox Christian faith. Since participation in the Eucharist expresses a unity with all the dogma, teachings, and practice of the Orthodox Church, it is natural that non-Eastern Orthodox Christians (Roman Catholic, Protestant, Non-Chalcedonian/Oriental, etc.) do not approach the chalice for Holy Communion but respect the official policy of the Antiochian Archdiocese of North America and canonical boundaries of the One, Holy, Catholic (Universal), and Apostolic Church - the Orthodox Christian Church. Teaching the people of Corinth about the seriousness of the Holy Eucharist, St. Paul warns:

"Therefore whoever eats this bread or drinks this cup of the Lord in an <u>unworthy manner</u> will be guilty of the body and blood of the Lord...For he who eats and drinks in an unworthy manner eats and drinks judgment to <u>himself</u>, not discerning the Lord's body. For this reason many are weak and sick among you, and many sleep (i.e. die)." (1 Cor. 11:27;29).

We lovingly desire the salvation of all - not judgment and condemnation.

All Eastern Orthodox Christians are expected to prepare for the receiving of the Body and Blood of Christ through recent confession, prayer, and fasting from all food/drink approximately midnight the night before. Please speak with Fr. Paul if medical conditions preclude it.



Parish Clergy

Rev. Fr. Paul Girgis, Presiding Priest
V. Rev. Fr. Joseph Shaheen, Retired Archpriest
Rev. Dn. Nicholas Reid, Attached Deacon

WEEKLY SERVICES

"A sure sign of the deadening of the soul is the avoidance of church services." +St. John Climacus ("The Ladder of Divine Ascent")

Saturday

Sunday

Great Vespers 6:00PM-6:45PM

Orthros 8:30AM Divine Liturgy 9:30AM

*Fr. Paul hears confessions after Great Vespers Saturday and by appointment.

WEEKLY COMMUNITY BIBLE STUDY

Thursday's 6:00PM-7:00PM

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- + Congratulations to Anna Melo and her family as we "church" baby Mia today.
- + The Parish Council would like to announce that Shirley Nicholas has been elected to replace Phil Ayoub, who was unable to continue given his seasonal schedule.

+Today's Fellowship Coffee Hour is sponsored by Shirley Nicholas and Jo Krevinko+

For more info, calendar of special services/events, visit: stpaulnaples.org or "facebook.com/stpaulnaples"

SUNDAY - JULY 14, 2019

SUNDAY OF THE HOLY FATHERS OF THE FOURTH ECUMENICAL COUNCIL

Apostle Aquila of the Seventy; Joseph the Confessor, archbishop of Thessalonica; Peter, bishop of Crete; Venerable Onesimos of Magnesia and Nicodemus of the Holy Mountain

+DIVINE LITURGY OF ST. JOHN CHRYSOSTOM+

RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT

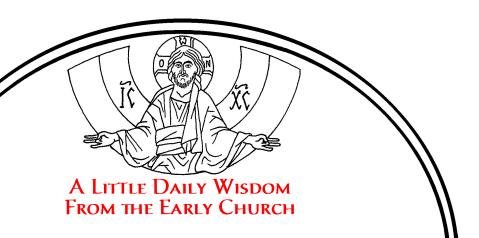
Thou, O Christ, art our God of exceeding praise Who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

+Now sing the apolytikion of the Patron of the parish (St. Paul the Apostle)

ORDINARY KONTAKION IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.





It is not good to eat much honey, or to seek honor on top of honor.

Proverbs 25:27

Both Arsenius and Theodore of Pherme disliked fame and praise. Arsenius would avoid anyone who might praise him. Theodore did not avoid them, but the things they said pierced him like knives.

It is not good to eat too much honey.

Source: "A Little Daily Wisdom from the Early Church" compiled by Bernard Bangely



"...pray one for another, that you may be healed. The effective, fervent prayer of a righteous man avails much." (James 5:16)

Please continue to pray for Fr. Joe and Kh. Diane Shaheen, Joe and the Hessney family, Christopher and the Sapp family, Al and Anna Castley, Victor and the Bard family, Ed and Marilyn Edge, Robert and Michaelene Aber, Margaret Mourad, Carol Simone, Vincent and Irene Benfatti, Al and Gloria Mizhir, as well as Thelma and Robert Badwey.

May the Lord our God Hear our prayers and send down upon us His Divine Grace for humble-patience and trust in His most perfect will.

Early Christians expressed their concern for the repose of the souls of their beloved by works of charity and love and by personal and communal prayers. The Apostolic Constitutions recommended that part of the possessions of a dead person be distributed to the poor in his "memory". St. John Chrysostom, Jerome, Tertullian, and others also recommended alms giving in memory of the dead although they believe that this and other good works for the repose of the soul of the dead also benefit the doers.

In the Orthodox Church the various prayers for the departed have as their purpose to pray for the repose of the departed, to comfort the living, and to remind those who remain behind of their own mortality, and the brevity of this earthly life. For this reason, memorial services have an air of penitence about them and tend to be served more frequently during the four fasting seasons (Great Lent, Nativity Fast, Apostles' Fast and Dormition Fast).

(source: orthodoxwiki.org)



THE SYNAXARION

(AN ABRIDGED COLLECTION OF THE "LIVES OF THE SAINTS")

On July 14 in the Holy Orthodox Church, we commemorate the Apostle Aquila of the Seventy; Joseph the Confessor, archbishop of Thessalonica; Peter, bishop of Crete; Venerable Onesimos of Magnesia and Nicodemus of the Holy Mountain.

On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites.

Verses

Shunning opposite errors like the sea monsters Scylla and Charybdis, The Fathers steer the Church on a straight course to safety.

The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The false teaching arose that Christ's human nature (considered by heretics as less perfect) dissolved itself in His divine nature (considered by heretics as more perfect): like a cube of sugar in a parcel of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. Monophysitism overemphasized the divine nature of Christ, at the expense of the human. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any change.

By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

THE EPISTLE

(For the Holy Fathers)

Blessed art Thou, O Lord, the God of our Fathers. For Thou art just in all that Thou hast done for us.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen



THE GOSPEL

(For the Holy Fathers)

The Reading from the Holy Gospel according to St. Matthew. (5:14-19)

The Lord said to His Disciples: "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father Who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them, but to fulfill them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."



St. Paisios of Mount Athos

ON WORLDLY STRESS AND ANXIETY

"Worldly stress is the result of worldly happiness, of worldly pleasures and self-indulgence. Educated externally and being full of anxiety, hundreds of people (even young children) are driven to psychoanalysis and psychiatrists. New psychiatric hospitals are being built and young psychiatrists go on for post-graduate studies. Many of them do not even believe in God, or accept the existence of the soul. How can these people help the human soul, when they themselves are full of anxiety? How can one feel truly comforted, if he does not believe in God and in the true and eternal life after



death? When man grasps the deeper meaning of this true life, stress goes away — divine consolation comes and he is healed...The answer to our anxiety is not drugs, alcohol, tranquilizers or psychiatric treatment. It will not be cured by Yoga or some new age or eastern meditation practice. The problem is that we have lost God as the center of our lives. Once we make our love of God the primary focus of our lives and allow His grace to work though us, then no matter what circumstance we encounter in life we will be comforted and embraced in His love. All anxiety disappears. This is the aim of the Orthodox way of life: to put God first and seek the Holy Spirit. The anxieties of modern life are only symptoms of our separation from God."



Spiritual Morsels for the Spiritual Life

"You should be joyful! Jesus holds a sculptor's chisel in His hands. He wants to make you into a statue for the Heavenly Palace."
+St. Amphilochios of Patmos

"It is a fact that the Eternal God listens to us -- corruptible as we are -more than we listen to Him." +St. Nikolai Velimirovich

"A fish that is alive swims against the flow of water. One that is dead floats down with the water. A true Christian goes against the current of sinful age. A false one is swept away by its swiftness."

+St. Philaret of Moscow





"Orthodoxy is life. If we don't live Orthodoxy, we simply are not Orthodox, no matter what formal beliefs we might hold."
+Fr. Seraphim Rose