



SAINT PAUL



ANTIOCHIAN ORTHODOX CHURCH



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HIS EMINENCE METROPOLITAN JOSEPH, ARCHBISHOP OF NEW YORK
AND METROPOLITAN OF ALL NORTH AMERICA

HIS GRACE BISHOP NICHOLAS, AUXILIARY BISHOP
OF THE DIOCESE OF MIAMI AND THE SOUTHEAST

SEPTEMBER 22, 2019

+WELCOME VISITORS AND FAITHFUL+

We are honored by your presence as our doors are open to anyone seeking the fullness of the Truth. It is our sincere desire that your participation today in the Divine Liturgy will draw you closer to Christ and His Church. We are a parish community within the Body of Christ striving to “seek first the Kingdom of God and His righteousness” (Mt. 6:33) above all else. The Church is a spiritual hospital and our Lord Jesus Christ is the Great Physician who offers us healing, hope, and refuge – true life with real freedom. We answer Christ's call to repent and be transformed, healed of our brokenness, through a real spiritual life - our priority is to be in “perfect communion” with the living God.

Please make sure to sign our guest book at the visitors table in the Narthex/lobby area and join us after service for our fellowship hour in the pavilion. Fr. Paul is available to answer questions you may have about any facet of the Christian faith.

+ENCOURAGEMENT TO FAMILIES WITH CHILDREN+

Your children are welcome here. Don't worry if they wiggle or squirm a bit. Unless your child is making more noise than our priest and choir, stay put. When they need a little more room, or a short break, it is OK to walk them to the back (or out) until they are ready to return. Please enjoy the “Children's Word” (bulletin) found on the banister upon entering the Nave (worship space).

If you want to raise your children in the Church, then they have to be in the church. The entire spiritual culture of the Orthodox faith is necessary formation for everyone, whether 40 days old, 40 years old, or 40 years a senior citizen.

It can be a sacrifice to raise children in the Church, and we know it, but if your child doesn't learn to incline his/her heart in worship, and turn aside from distraction from a young age, how in the world will they survive as an older Christian in a world which is designed to distract them?

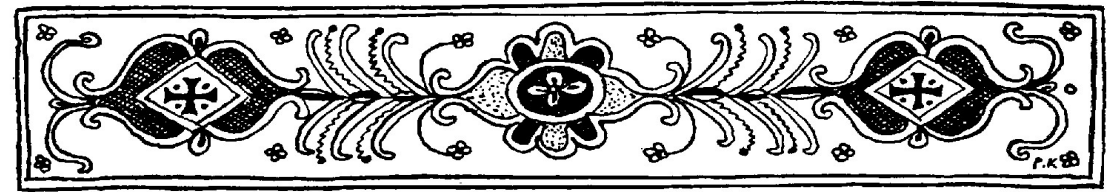
+HOLY COMMUNION (EUCHARIST)+

The Orthodox Church understands the Eucharist, or Lord's Supper, to be the paramount expression of Christian unity. While it is our deepest hope that Christendom will one day fulfill Christ's desire for true unity among all those who claim His name (John 17:21), the reality of our day is that various segments of Christendom are not unified with the historic Orthodox Christian faith. Since participation in the Eucharist expresses a unity with all the dogma, teachings, and practice of the Orthodox Church, it is natural that non-Eastern Orthodox Christians (Roman Catholic, Protestant, Non-Chalcedonian/Oriental, etc.) do not approach the chalice for Holy Communion but respect the official policy of the Antiochian Archdiocese of North America and canonical boundaries of the One, Holy, Catholic (Universal), and Apostolic Church - the Orthodox Christian Church. Teaching the people of Corinth about the seriousness of the Holy Eucharist, St. Paul warns:

“Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord...For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. For this reason many are weak and sick among you, and many sleep (i.e. die).” (1 Cor. 11:27;29).

We lovingly desire the salvation of all - not judgment and condemnation.

All Eastern Orthodox Christians are expected to prepare for the receiving of the Body and Blood of Christ through recent confession, prayer, and fasting from all food/drink approximately mid-night the night before. Please speak with Fr. Paul if medical conditions preclude it.



PARISH CLERGY

REV. FR. PAUL GIRGIS, PRESIDING PRIEST

V. REV. FR. JOSEPH SHAHEEN, RETIRED ARCHPRIEST

REV. DN. NICHOLAS REID, ATTACHED DEACON

WEEKLY SERVICES

*“A sure sign of the deadening of the soul is the avoidance of church services.”
+St. John Climacus (“The Ladder of Divine Ascent”)*

Saturday

Great Vespers 6:00PM-6:45PM

Sunday

Orthros 8:30AM

Divine Liturgy 9:30AM

**Fr. Paul hears confessions after Great Vespers Saturday and by appointment.*

+WEEKLY COMMUNITY BIBLE STUDY+

New Series - “Virtues & Passions” - join us! Thursday's 6:00PM-7:00PM

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Congratulations to Fr. Joe Shaheen on 60 years in the holy priesthood (9/20). May God remember the multitude of sacrifices he and Kh. Diane made throughout their ministry in His Holy Church.

Congratulations to the Kozyr family on the baptism of their little boy, Sebastian. God grant many years to Sergey, Svetlana, Luke, the newly illumined Sebastian and his godmother Kh. Dana Girgis.

+Today's Fellowship Coffee Hour is sponsored by Kh. Diane Shaheen & Lucy Bard+

For more info, calendar of special services/events, visit: stpaulnaples.org or “facebook.com/stpaulnaples”



HISTORIC "WEEKEND OF CELEBRATIONS" FOR ST. NICHOLAS CATHEDRAL IN BROOKLYN

His Eminence Metropolitan JOSEPH and the Cathedral of St. Nicholas, Brooklyn, NY are cordially inviting all clergy and faithful to "A Weekend of Celebrations" on October 19-20, 2019. Several anniversaries and occasions will be commemorated, including the kick-off for both the 100th anniversary of the State Street Cathedral and the 125th anniversary of the founding of the St. Nicholas community by St. Raphael of Brooklyn in 1895, both of which will take place in 2020.

On Saturday evening, Cathedral Dean Fr. Thomas Zain's 25th anniversary in the holy priesthood will be celebrated, and on Sunday October 20 Cathedral priest Fr. Adrian Budica will be elevated to the dignity of archpriest. Additionally, St. Nicholas will be hosting the fall meetings of the Archdiocese Board of Trustees and the Order of St. Ignatius of Antioch, and on the evening of Saturday night there will be a banquet in downtown Brooklyn at a new venue, the top floor of the Brooklyn Law School, where attendees will enjoy sweeping views of the New York Harbor and downtown Brooklyn.

DETAILS

Reservations can be made by contacting Elaine Khoury at 646.629.9388 or Norma Khoury at 718.499.0034 • 347.244.1883, or by calling the St. Nicholas Cathedral at 718.855.6225. For prices and deadlines, visit the Cathedral's Weekend of Celebrations page.



**"...PRAY ONE FOR ANOTHER, THAT YOU MAY BE HEALED.
THE EFFECTIVE, FERVENT PRAYER OF A RIGHTEOUS MAN AVAILS MUCH."
(JAMES 5:16)**

Please continue to pray for Fr. Joe and Kh. Diane, Joe and the Hessney family, Christopher and the Sapp family, Al and Anna Castley, Victor and Lucy Bard, Ed and Marilyn Edge, Robert and Michaelene Aber, Margaret Mourad, Carol Simone, Vincent and Irene Benfatti, Al and Gloria Mizhir, Lazarus (Lou) and Shirley Nicholas, as well as Thelma and Robert Badwey.

**MAY THE LORD OUR GOD HEAR OUR PRAYERS AND SEND DOWN UPON US
HIS DIVINE GRACE FOR HUMBLE-PATIENCE, STRENGTH AND CONSOLATION.**

Early Christians expressed their concern for the repose of the souls of their beloved by works of charity and love and by personal and communal prayers. The Apostolic Constitutions recommended that part of the possessions of a dead person be distributed to the poor in his "memory". St. John Chrysostom, Jerome, Tertullian, and others also recommended alms giving in memory of the dead although they believe that this and other good works for the repose of the soul of the dead also benefit the doers.

In the Orthodox Church the various prayers for the departed have as their purpose to pray for the repose of the departed, to comfort the living, and to remind those who remain behind of their own mortality, and the brevity of this earthly life. For this reason, memorial services have an air of penitence about them and tend to be served more frequently during the four fasting seasons (Great Lent, Nativity Fast, Apostles' Fast and Dormition Fast).

(source: orthodoxwiki.org)



SUNDAY - SEPTEMBER 22, 2019

FOURTEENTH SUNDAY AFTER PENTECOST & FIRST SUNDAY OF LUKE

HIEROMARTYR PHOCAS, BISHOP OF SINOPE

**APOSTLE QUADRATOS OF THE SEVENTY; MARTYR PHOCAS THE GARDENER; NEW-
MARTYRS ISAAC AND MARTIN**

+DIVINE LITURGY OF ST. JOHN CHRYSOSTOM+

RESURRECTIONAL APOLYTIKION IN TONE FIVE

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

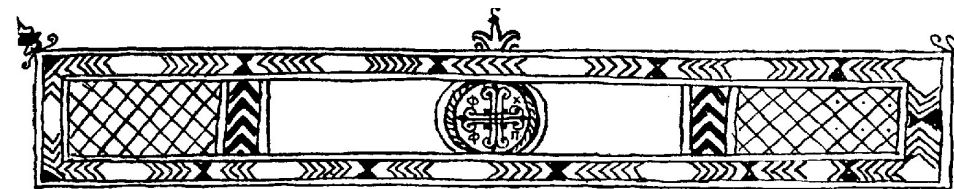
APOLYTIKION FOR ST. PHOCAS OF SINOPE IN TONE FOUR

By choosing the Apostles' way of life, thou hast succeeded to their throne. Inspired by God, thou didst find the way to divine contemplation through the practice of virtue. After teaching the Word of Truth without error, thou didst defend the Faith to the very shedding of thy blood, O Holy Martyr among bishops Phocas. Entreat the Lord our God to save our souls.

Now sing the apolytikion of the patron of the parish (Holy Apostle Paul)

ORDINARY KONTAKION IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.



THE SYNAXARION

(AN ABRIDGED COLLECTION OF THE "LIVES OF THE SAINTS")

On September 22 in the Holy Orthodox Church we commemorate the Holy Hieromartyr Phocas, bishop and wonderworker of Sinope, who was perfected in martyrdom by being terribly burned in a bath-house in the reign of Trajan.

Verses

*O Phocas, receive thou the all-cleansing laver, for it is laver of contest, not of washing.
On the twenty-second the bath received Phocas within.*

As bishop in his birthplace, the town of Sinope on the Black Sea, Phocas strengthened the faith of the true believers and converted many idol-worshippers to the true Faith. This enraged the hardhearted pagans. In a vision from the Lord, Phocas saw a white dove fly down from heaven carrying a wreath of flowers in its beak, and lowered it onto his head. And Phocas heard a voice, saying: "Your cup is full and you should drink it!" With gratitude toward God he prepared himself for suffering. The torturers beat and wounded his whole body, and then threw Phocas into boiling water. Phocas entered into the joy of his Lord in the year 102. His companion, the Martyr Phocas the Gardener, suffered for Christ on this day in the year 120.

On this day, we also commemorate the Apostle Quadratos of Magnesia of the Seventy; and New-martyrs Isaac and Martin.

By their intercessions, O Christ God, have mercy upon us. Amen.

THE EPISTLE

(For the Fourteenth Sunday after Pentecost)

Thou, O Lord, wilt keep and preserve us. Save me, O Lord, for the godly man has failed.

The Reading from the Second Epistle of St. Paul to the Corinthians. (1:21-2:4)

Brethren, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me—it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

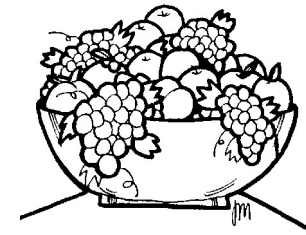


THE GOSPEL

(For the Sunday after the Elevation of the Holy Cross)

The Reading from the Holy Gospel according to St. Luke. (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.





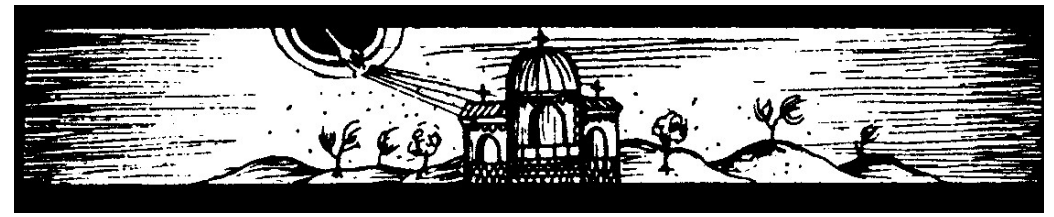
**A LITTLE DAILY WISDOM
FROM THE EARLY CHURCH**

*You open your hand, satisfying the desire of every living thing.
Psalm 145:16*

A Hermit said, "One person may eat a lot and still be hungry. Another eats only a little and is satisfied. The one who remains hungry after eating a lot obtains more merit than the one who is satisfied with a little."

God satisfies the desire of every living thing.

Source: "A Little Daily Wisdom from the Early Church" compiled by Bernard Bangely



SPIRITUAL MORSELS FOR THE SPIRITUAL LIFE

"People say that if you feel no inclination to pray, it is better not to pray, but this is crafty, carnal sophistry. If you only pray when you are inclined to, you will completely cease praying; this is what the flesh desires. 'The Kingdom of Heaven suffers violence' (Mt. 11:12). You will not be able to work out your salvation without forcing yourself."

+St. John of Kronstadt

"Do not think that you have the right to complain when your prayers are not answered. God fulfils your desires in a manner that you do not know."

+St. Nektarios of Aegina

"Let not one think, my fellow Christians, that only priests and monks need to pray without ceasing and not laymen. No, no! Every Christian without exception ought to dwell always in prayer."

+St. Gregory Palamas

One man asked a priest:
"If God is everywhere, what do I go to Church for?"

To which the priest replied:
"The whole atmosphere is filled with water, but if you want to drink you have to go to a fountain or a well."



"Orthodoxy is life. If we don't live Orthodoxy, we simply are not Orthodox, no matter what formal beliefs we might hold."
+Fr. Seraphim Rose