



# SAINT PAUL



## ANTIOCHIAN ORTHODOX CHURCH



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HIS EMINENCE METROPOLITAN JOSEPH, ARCHBISHOP OF NEW YORK  
AND METROPOLITAN OF ALL NORTH AMERICA

HIS GRACE BISHOP NICHOLAS, AUXILIARY BISHOP  
OF THE DIOCESE OF MIAMI AND THE SOUTHEAST

OCTOBER 6, 2019

## +WELCOME VISITORS AND FAITHFUL+

We are honored by your presence as our doors are open to anyone seeking the fullness of the Truth. It is our sincere desire that your participation today in the Divine Liturgy will draw you closer to Christ and His Church. We are a parish community within the Body of Christ striving to “seek first the Kingdom of God and His righteousness” (Mt. 6:33) above all else. The Church is a spiritual hospital and our Lord Jesus Christ is the Great Physician who offers us healing, hope, and refuge – true life with real freedom. We answer Christ's call to repent and be transformed, healed of our brokenness, through a real spiritual life - our priority is to be in “perfect communion” with the living God.

Please make sure to sign our guest book at the visitors table in the Narthex/lobby area and join us after service for our fellowship hour in the pavilion. Fr. Paul is available to answer questions you may have about any facet of the Christian faith.

## +ENCOURAGEMENT TO FAMILIES WITH CHILDREN+

Your children are welcome here. Don't worry if they wiggle or squirm a bit. Unless your child is making more noise than our priest and choir, stay put. When they need a little more room, or a short break, it is OK to walk them to the back (or out) until they are ready to return. Please enjoy the “Children's Word” (bulletin) found on the banister upon entering the Nave (worship space).

If you want to raise your children in the Church, then they have to be in the church. The entire spiritual culture of the Orthodox faith is necessary formation for everyone, whether 40 days old, 40 years old, or 40 years a senior citizen.

It can be a sacrifice to raise children in the Church, and we know it, but if your child doesn't learn to incline his/her heart in worship, and turn aside from distraction from a young age, how in the world will they survive as an older Christian in a world which is designed to distract them?

## +HOLY COMMUNION (EUCHARIST)+

The Orthodox Church understands the Eucharist, or Lord's Supper, to be the paramount expression of Christian unity. While it is our deepest hope that Christendom will one day fulfill Christ's desire for true unity among all those who claim His name (John 17:21), the reality of our day is that various segments of Christendom are not unified with the historic Orthodox Christian faith. Since participation in the Eucharist expresses a unity with all the dogma, teachings, and practice of the Orthodox Church, it is natural that non-Eastern Orthodox Christians (Roman Catholic, Protestant, Non-Chalcedonian/Oriental, etc.) do not approach the chalice for Holy Communion but respect the official policy of the Antiochian Archdiocese of North America and canonical boundaries of the One, Holy, Catholic (Universal), and Apostolic Church - the Orthodox Christian Church. Teaching the people of Corinth about the seriousness of the Holy Eucharist, St. Paul warns:

*“Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord...For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. For this reason many are weak and sick among you, and many sleep (i.e. die).” (1 Cor. 11:27;29).*

We lovingly desire the salvation of all - not judgment and condemnation.

All Eastern Orthodox Christians are expected to prepare for the receiving of the Body and Blood of Christ through recent confession, prayer, and fasting from all food/drink approximately mid-night the night before. Please speak with Fr. Paul if medical conditions preclude it.



## A LITTLE DAILY WISDOM FROM THE EARLY CHURCH

*If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at.*

*Numbers 11:4-6*

Evagrius Ponticus wrote, “A prisoner in chains cannot run. Neither can a mind incarcerated by emotion discover the place of spiritual prayer. Impassioned thoughts abuse it roughly. It cannot be resolute and serene.”

**A mind incarcerated by emotion cannot discover  
spiritual prayer.**

*Source: “A Little Daily Wisdom from the Early Church” compiled by Bernard Bangely*

## THE ANTIOCHIAN WOMEN ARE A SISTERHOOD SERVING CHRIST THROUGH SERVING OTHERS.

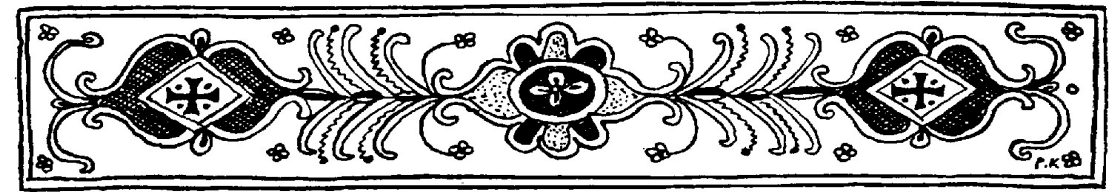
You can make a significant difference in lives of other women, children and families at our Parish, the Archdiocese and the World. All women from age 18-99 are urged to become an Antiochian Woman and serve in our ministry with a Religious, Humanitarian and Charitable focus. So don't wait join us today!

Antiochian Women perform Works of Charity by providing monetary support to the following agencies: AVOW, Antiochian Village Camp Scholarship, IOCC for Emergency Kits, Friends in Need (FIN) Grace Place, Laces of Love, Latchkey Program, Pregnancy Resource Center, and Shelter for Abused Women and Children. Join our Ministry to assist the needy in our own community.

### AW PARISH SPONSORED EVENTS

The Antiochian Women of St. Paul have many events and activities planned for 2019-20, which support our Parish, our Archdiocese, and our Local Community. Please join our ministry by participating and supporting the following events:

- October 20, 2019-Autumn Luncheon
  - Oct. 27 thru April-Specialty Bread & Cheese Sale
  - November 10, Pancake Breakfast
  - December 24, Christmas Eve Fellowship
  - January 2020-Works of Charity Begins
  - January 9, Christmas Party-Cypress Woods\*
  - January 12, 2020-Sweet and Savory Bake Sale
  - January 19, Membership Sunday-Sign Up
  - February 9, Brunch
  - March 7, Spiritual Saturday
  - March 22, Mid-Lenten Luncheon
  - April 18, Resurrection Meal after Liturgy
- \*Please donate raffle gifts



### PARISH CLERGY

REV. FR. PAUL GIRGIS, PRESIDING PRIEST  
V. REV. FR. JOSEPH SHAHEEN, RETIRED ARCHPRIEST  
REV. DN. NICHOLAS REID, ATTACHED DEACON

### WEEKLY SERVICES

*"A sure sign of the deadening of the soul is the avoidance of church services."  
+St. John Climacus ("The Ladder of Divine Ascent")*

#### **Saturday**

Great Vespers 6:00PM-6:45PM

#### **Sunday**

Orthros 8:30AM  
Divine Liturgy 9:30AM

*\*Fr. Paul hears confessions after Great Vespers Saturday and by appointment.*

### +WEEKLY COMMUNITY BIBLE STUDY+

Thursday's 6:00PM-7:00PM

This Week (10/10) - **SPECIAL PRESENTATION: ST. JACOB OF HAMATOURA**—photos and stories from the May 2019 Pilgrimage!

**Epistle Intonation Training— Saturday, October 12; 5:00-6:00PM.** Dn. Nicholas Reid will hold an "Epistle Intonation Training" session for any Orthodox Christians 14 years or older, in good canonical standing (i.e. leading an active Orthodox Christian life in the Church). This is a critical and sacred responsibility, which cannot be undertaken lightly without being an offense to Christ. Reading during the Divine Services is not for everyone - it is a privilege requiring humility, care, and love.

+Today's Fellowship Coffee Hour is sponsored by Jo Krevinko and Bessie Jarjoura+

For more info, calendar of special services/events, visit: [stpaulnaples.org](http://stpaulnaples.org) or "[facebook.com/stpaulnaples](https://facebook.com/stpaulnaples)"



“...PRAY ONE FOR ANOTHER, THAT YOU MAY BE HEALED.  
THE EFFECTIVE, FERVENT PRAYER OF A RIGHTEOUS MAN AVAILS MUCH.”  
(JAMES 5:16)

Please continue to pray for Fr. Joe and Kh. Diane, Joe and the Hessney family, Christopher and the Sapp family, Al and Anna Castley, Victor and Lucy Bard, Ed and Marilyn Edge, Robert and Michaelene Aber, Margaret Mourad, Carol Simone, Vincent and Irene Benfatti, Al and Gloria Mizhir, Lazarus (Lou) and Shirley Nicholas, as well as Thelma and Robert Badwey.

A Memorial Service commemorating the 9th day repose of the newly departed servant of God Michael Hebeke—brother to Elias Hebeke—has been requested by Elias and Barbara Hebeke.

Prayers in memory of the newly departed servant of God Michael Hebeke are requested by Nick and Jan Ferris.

Prayers in memory of the newly departed servant of God Michael Hebeke and the health of Elias and Barbara Hebeke are requested by Anna and Albert Castley.

Prayers in memory of Michael Hebeke and for the health and welfare of Elias and Barbara Hebeke as well as Georgette and Malaz Sourial, have been requested by Ray and Leila Trabulsi.

Prayers for the peaceful repose of Larisa, sister of Elena Ripley, who departed three years ago, and the good health of Elena, Randall, Karina, Alina, Liam, and Radmir, are requested by Elena Ripley.

**MAY THE LORD OUR GOD HEAR OUR PRAYERS AND SEND DOWN UPON US  
HIS DIVINE GRACE FOR HUMBLE-PATIENCE, STRENGTH AND CONSOLATION.**

Early Christians expressed their concern for the repose of the souls of their beloved by works of charity and love and by personal and communal prayers. The Apostolic Constitutions recommended that part of the possessions of a dead person be distributed to the poor in his "memory". St. John Chrysostom, Jerome, Tertullian, and others also recommended alms giving in memory of the dead although they believe that this and other good works for the repose of the soul of the dead also benefit the doers.

In the Orthodox Church the various prayers for the departed have as their purpose to pray for the repose of the departed, to comfort the living, and to remind those who remain behind of their own mortality, and the brevity of this earthly life. For this reason, memorial services have an air of penitence about them and tend to be served more frequently during the four fasting seasons (Great Lent, Nativity Fast, Apostles' Fast and Dormition Fast). (*source: orthodoxwiki.org*)



## THE SYNAXARION (AN ABRIDGED COLLECTION OF THE “LIVES OF THE SAINTS”)

On October 6 in the Holy Orthodox Church we commemorate the holy Apostle Thomas.

### *Verses*

*Thomas, who sought to thrust his hand in Thy side  
Is now pierced in his side for Thy sake, O Word.  
On the sixth with long spears they undid Didymus.*

Thomas was also called “The Twin”, one of the original Twelve Apostles. Through his doubt in the Resurrection of Christ the Lord, a new proof was given of that wonderful and saving event. The Lord said to Thomas: Reach hither thy finger, and behold My hands; and reach hither thy hand, and thrust it into My side: and be not faithless, but believing. And Thomas replied: My Lord and my God (John 20:27-28). After the descent of the Holy Spirit, when the apostles cast lots to see where they would each go to preach, the lot fell to Thomas to go to India. Thomas converted many to the Christian Faith, and established the Church there, appointing priests and bishops. Before his martyric death, he and the other apostles were miraculously brought to Jerusalem for the burial of the Most-holy Theotokos. Arriving too late, he wept bitterly, and the tomb of the Holy Most-pure One was opened at his request. The Theotokos’ body was not found in the tomb: the Lord had taken His Mother to His heavenly habitation. Thus, in his tardiness Thomas revealed to us the wondrous glorification of the Mother of God, just as he had once confirmed faith in the Resurrection of the Lord by his unbelief.

On this day, we also commemorate our father among the saints Innocent, Apostle to the Americas; Venerable Kendeas of Cyprus; and Venerable-martyr Makarios of St. Anne Skete on Athos.

By their intercessions, O Christ God, have mercy upon us. Amen.

## THE EPISTLE

(For the Sixteenth Sunday after Pentecost)

*The Lord will give strength to His people. Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.*

### **The Reading from the Second Epistle of St. Paul to the Corinthians. (6:1-10)**

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

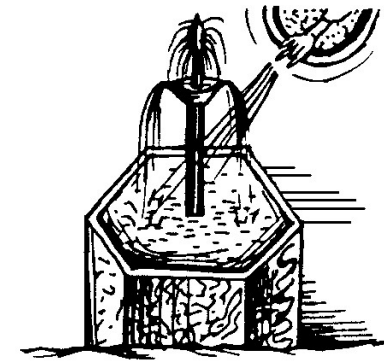


## THE GOSPEL

(For the Third Sunday of Luke)

### **The Reading from the Holy Gospel according to St. Luke. (7:11-16)**

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"



**SUNDAY - OCTOBER 6, 2019**

**SIXTEENTH SUNDAY AFTER PENTECOST  
& THIRD SUNDAY OF LUKE**

**THOMAS THE APOSTLE CALLED "THE TWIN"**

**INNOCENT, APOSTLE TO THE AMERICAS; VENERABLE KENDEAS OF CYPRUS; VENERABLE-  
MARTYR MAKARIOS OF ST. ANNE SKETE ON ATHOS**

**+DIVINE LITURGY OF ST. JOHN CHRYSOSTOM+**

**RESURRECTIONAL APOLYTIKION IN TONE SEVEN**

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

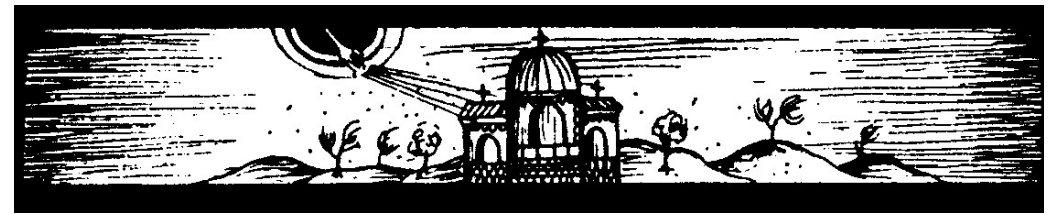
**APOLYTIKION FOR ST. THOMAS IN TONE THREE**

O holy Apostle Thomas, intercede with our merciful God to grant our souls forgiveness of sins.

*Now sing the apolytikion of the patron of the parish (Holy Apostle Paul)*

**ORDINARY KONTAKION IN TONE TWO**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.



**SPIRITUAL MORSELS FOR THE SPIRITUAL LIFE**

*"The Lord loves us so much that He suffered for us on the Cross; and His suffering was so great that we can't comprehend it. In the same way our spiritual pastors suffer for us, although we often don't see their suffering. The greater the love of the pastor, the greater his suffering; and we, the sheep, should understand this, and love and honor our pastors."*

*+St. Silouan the Athonite*

*"Do not foster hatred for the sinner, for we are all guilty...Hate his sins, and pray for him, so that you may be made like unto Christ, who had no dislike for sinners, but prayed for them."*

*+St. Isaac the Syrian*



*"Do not think that you have the right to complain when your prayers are not answered. God fulfils your desires in a manner that you do not know."*

*+St. Nektarios of Aegina*

One man asked a priest:  
*"If God is everywhere, what do I go to Church for?"*

To which the priest replied:  
*"The whole atmosphere is filled with water, but if you want to drink you have to go to a fountain or a well."*



*"Orthodoxy is life. If we don't live Orthodoxy, we simply are not Orthodox, no matter what formal beliefs we might hold."*  
+Fr. Seraphim Rose